

# Holistic

## Therapist Magazine

APR/MAY/JUN 2016  
ISSUE 18

£6.00

Discover the  
**EMMETT  
TECHNIQUE**

**HERBALISM  
for beginners**

DEALING WITH  
**LIFE CHANGING  
CIRCUMSTANCES**

*Balancing Act...*  
LIFE & WORK IN  
**Harmony**

*Bioenergy*  
**IN SLOVENIA**

**HOLISTIC  
hand care**

THE DARK  
**SIDE OF  
MASSAGE**

**100 YEARS:  
CELEBRATE TOM  
BOWEN'S CONTRIBUTION  
TO HOLISTIC THERAPY**

**+** BALANCEGRAM – A NEW TOOL TO HELP YOU GET THE LIFE YOU WANT

## THE DOMANČIĆ METHOD:

# Bioenergy's

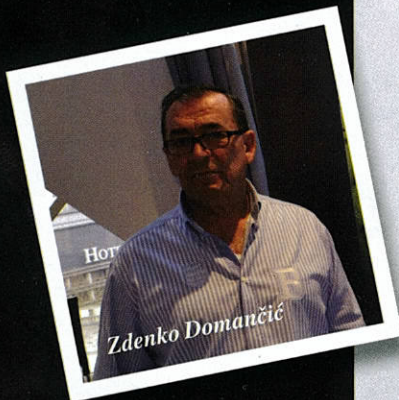
## *Ballistic Missile*

**HTM's Jayson and Vicky travelled to Slovenia to meet Zdenko Domančić and discover his amazing brand of Bioenergy Therapy...**

**A**S holistic therapists, many of us use energy therapies in our working lives. Bioenergy, or laying of the hands, is one of the oldest forms of healing and is practiced all around the world. We can think of bioenergy as the life sustaining force that connects everything in the universe. Hindus know it as Prana; to the Chinese, it is Chi. It's not an exclusively eastern concept; it's synonymous with the astral light of the Jewish Kabbala, or the energy aura halos of Christian saints. Historically, western

medicine recognised bioenergy in the form of Pythagoras' luminous body and Hippocrates' force that flows through many people's hands. Skip forward a couple of millennia and bioenergy practices like Reiki and acupuncture are commonplace.

Both Vicky and I have studied Reiki and are familiar with a range of energy therapies, but I can honestly say neither of us have ever experienced anything like Mr. Domančić's method or results. At times I found it difficult to process the evidence before my eyes. One minute, I felt I was watching a very clever con-man, the next, that I was in the presence of a very learned and gifted



healer who simply wanted to make a difference to the world and share his discovery.

Zdenko Domančić has been treating people with everything from minor ailments to life threatening diseases for the past 30 years. His clientele includes European sports stars, footballers, politicians and he calculates that he and the 65 professionals he has certified in his technique, have treated over 1.7 million people in the Balkan countries. Currently, there are no practitioners of the Domančić Method in the UK.

My first impressions of Zdenko are of a well-travelled, commanding and charismatic man, with an intriguing air of mystery. His practice room is on the top floor of the hotel and as we entered, it became apparent that this was an open room experience. There were no secrets here, no privacy. Each and

every man, woman and child would share their treatment and experience with the next. Each person sat patiently with their hand on their laps, palms upwards to receive energy, each focused, eyes front and wearing a deep expression of hope.

We set up our cameras in a quiet corner so as to not intrude and were rather surprised that not a single person was bothered by our presence. Zdenko explained, "People who come to be healed are happy to be filmed as they know this is for me. They are pleased if they helping."

His patients came from all over the Balkans to be treated - often as a last resort where conventional medicine cannot help. We saw a child no older than four, with brain damage and a heart defect. Prior to attending Zdenko's clinic, the child was unable to walk, yet after frequent visits he regained this ability.

Another patient was a local judge, a rational and intelligent woman who presided over major criminal cases.

Rheumatoid arthritis had left her unable to move and in immense pain, yet after

attending the clinic, she was able to walk, move pain free and live a normal life. She explained that the bioenergy treatment did not take away the arthritis, but allowed her to live without pain and to be mobile again. As she told her story she was fighting back the urge to cry. "Without this treatment, I do not know what I would do" she said.

We were amazed by the rapidity and effectiveness of the treatment - so many conditions were improved or healed. The energy of the group changed from separate individuals coming for treatment, into friends, sharing and supporting progress. A young girl with a torn knee ligament was able to walk again with little pain; a woman who had lost hope, smiled again after her doctor confirmed her cancer tumour appears to be shrinking of its own accord following a course of treatment.

What was interesting, and perhaps very clever, was that there were no set fees for treatment. People paid what they felt they could afford, or gifted what they thought it was worth. Zdenko elaborated on this, saying, "Bioenergy is for everyone, no matter how deep their pockets. What good would it be for a man to give me money if he could not afford to buy shoes to put on his feet? Some might give 10 euros, or a rich sheik might come and give ten thousand euros. If you are able to walk again, what is that worth to you?"

Watching the method intently, I wanted to see how this differed from other energy systems such as reiki. The bioenergy practitioners and disciples were working mostly in pairs and with raked tense fingers were combing the energy in sweeping motions across the body and then flicking the surplus or bad energy away from them and the patient.

People were bent in unnatural positions, looking like puppets on strings being manipulated by the body's energy itself. One woman, who did not seem to be particularly fit condition arched backwards so far that I couldn't work out how she was still standing. It was as if an invisible arm supported her.

I asked Zdenko how he felt bioenergy differed from the energy summoned in Reiki. He smiled and responded, "You know an air rifle? An air rifle shoots a small hole 'ping', now imagine a Russian ballistic missile, 'POW'... This is the difference between bioenergy and Reiki. Bioenergy is so much more, it's pure - undiluted, from the source.

